

# CASPEROME® BLOAVALLABLE BOSWELLIC ACIDS

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#### WHAT IS CASPEROME®?

CASPEROME® is a purified mixture of triterpenoid acids from the gum resin of Boswellia serrata. Given the poor bioavailability of these compounds, 1 Indena has formulated the extract with Phytosome technology to optimize their absorption.

Boswellia extracts have been demonstrated to be effective in the management of various inflammatory response functions including those that occur in the bowel, joints, bones, respiratory airways and in the brain, with a mechanism of action that involves the modulation of the natural inflammatory response both acting on prostanoid synthesis (mPGE2S) and protein degradation (caspases), and transcription factors (Nf-kB).

#### SCIENTIFIC EVIDENCE

CASPEROME® supported by over 10 human studies, including pharmacokinetics.

# **SPECIFICATIONS**

CASPEROME® is standardized to contain: ≥25% of triterpenoid acids by HPLC

### RECOMMENDED USE AND DOSE

CASPEROME® is a vellow powder and may be utilized in a variety of supplement formulations.

Recommended dose: 250-500 mg/day

## TRADEMARKS

CASPEROME® is a trademark of Indena S.p.A. and its logo and usage guidelines are available from Indena.

- <sup>13</sup> Hüsch J. *et al. Fitoterapia* 84 (2013) 89-98
- <sup>15</sup> Riva, A., et al. *Phytomedicine* 23.12 (2016): 1375-1382

- 18 Riva, A., et al. Minerva gastroenterologica e dietologica 65.1 [20]

### WHAT MAKES CASPEROME® UNIQUE?

CASPEROME®, highly standardized in boswellic acids is formulated with Phytosome technology to achieve optimized absorption of the actives.

- CASPEROME® has been shown to support muscoskeletal health.<sup>2</sup> Furthermore, in combination with sodium hyaluronate, collagene and glucosamine, has been shown to be supportive against elbow and tendon challenges;3,4
- CASPEROME® has been shown to support gut health, significantly alleviating the most common gut discomforts, compared to the best available treatments 16-18

Furthermore in literature is is reported that:

- KBA and AKBA are selective 5-lipoxygenase inhibitor and then capable to manage the inflammatory response function through leukotriene inhibition.5 Recent findings have shifted the focus on  $\beta$ -boswellic acid, the major triterpenoid from the gum-resin, and its capability to modulate the inflammatory response enzymes cathepsin (catG)6 and microsomal prostglandin E synthase (mPGES)-1,7 suggesting that β-boswellic acid plays a major role while the whole bouquet of triterpenoid acids is important for the beneficial effects of boswellia.
- Boswellia extracts have been demonstrated to be useful for bowel related inflammatory responses,8-11 and to improve physical function in subjects with joint and tendon challenges.12

The bioavailability of boswellic acids from CASPEROME® is greatly optimized both at plasma and tissue level. 13-15

