

NATURAL DIGESTIVE RELIEF

 **indena**<sup>®</sup>  
INDUSTRIA  
DERIVATI  
NATURALI

HEALTH - FOOD

# PRODIGEST<sup>®</sup>

ARTICHOKE LEAF & GINGER EXTRACTS

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Please note that the physiological activity of the ingredient described herein is supported by the referenced clinical trial reports. Marketers of finished products containing the ingredient described herein are responsible for determining whether the claims made for such products are lawful and in compliance with the laws of the country in which they will market the products.

**PRO***digest*<sup>®</sup>

## WHAT IS PRODIGEST®?

PRODIGEST® is a **patented combination of 2 standardized ingredients**: a **lipophilic CO<sub>2</sub> extract of ginger roots** (*Zingiber officinale* Rosc.) and a **unique extract of artichoke leaves** (*Cynara cardunculus* L.) that has shown benefits for improved digestion.

### RECOMMENDED DOSE

**320 mg** (delivering 120 mg of the botanical extracts) **once or twice a day**

### SPECIFICATIONS OF THE BOTANICAL EXTRACTS

#### ARTICHOKE LEAVES EXTRACT (100 mg):

≥20% Caffeoylquinic acids;

≥5% Flavonoids;

≥5% Cynaropicrin

#### GINGER EXTRACT (20 mg):

25%-30% Gingeroids (Gingerols and Shogaols)

### SCIENTIFIC EVIDENCE

Two clinical studies with **PRODIGEST®** have shown **reduced gastric motility symptoms related to digestive discomforts**, known to cause gastric fullness, pain, bloating and nausea.<sup>1,2</sup>

### TRADEMARKS

**PRODIGEST®** is a trademark of Indena S.p.A.

### REFERENCES

<sup>1</sup> Giacosa A. *et al.*, Evidence Based-Complementary And Alternative Medicine, Volume 2015, Article ID 915087.

<sup>2</sup> Lazzini S. *et al.*, Eur. Rev. Med. Pharmacol. Sci. 2016; 20: 146-149

\*Contact Indena directly for the latest available studies

## WHAT MAKES PRODIGEST® UNIQUE?

**PRODIGEST®** is a standardized combination of artichoke leaves and ginger roots extracts.

This original synergy has been proven **effective in managing digestive discomforts and gastric motility**.

**Two clinical studies** demonstrated the **significant benefits of this combination**:

- **PRODIGEST®** is effective after short-term treatment in **improving, by 34% over placebo, symptoms related to digestive discomforts** like epigastric fullness, bloating, early satiety.  
Overall, **86% of the participants reported a marked reduction of discomfort intensity**.<sup>1</sup>
- **PRODIGEST®** significantly **promotes gastric emptying by 24% over placebo**, without being associated with notable adverse effects.<sup>2</sup>

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