

THE ORGANIC WAY TO IMPROVE
STRESS RESILIENCE

 **indena**[®]
INDUSTRIA
DERIVATI
NATURALI

HEALTH - FOOD

ENOVITA[®] ORGANIC

100% ORGANIC OPCs RICH
GRAPE SEED EXTRACT

 **enovita**[®]
ORGANIC



FR-BIO-09
AGRICULTURE - UE



WHAT IS ENOVITA® ORGANIC?

ENOVITA® ORGANIC is the 100% organic grapeseed extract, certified by CertiPaq Bio, in compliance with EU and USDA organic regulations.

SPECIFICATIONS

ENOVITA® ORGANIC is standardized to provide:

≥**95.0%** of **proanthocyanidins** by spectrophotometry, ≥**5.0%** ≤**15.0%** of **catechin and epicatechin** by HPLC.

RECOMMENDED USE AND DOSE

ENOVITA® ORGANIC is a orange-brownish powder for use in nutraceuticals and food products.

Recommended dose: 2 x 150 mg/day.

TRADEMARKS

ENOVITA® is a trademark of Indena S.p.A. and its logo and usage guidelines are available from Indena.

References

¹ Belcaro G, Ledda A, Hu S, et al., Evidence-Based Complementary and Alternative Medicine, in Press.

WHAT MAKES ENOVITA® ORGANIC UNIQUE?

In the production of **ENOVITA ORGANIC®**, the entire process is **environmentally friendly and based on a fully upcycling approach**:

- firstly, grapes are the product of a **farming system that avoids the use of chemical fertilizers and pesticides**;
- then, grape seeds are winemaking by-products, resulting from upcycling operations;
- lastly, **only water is used as a solvent** during extraction, and **resource consumption is carefully measured and optimized**.

New evidence has shown an unexpected result: **ENOVITA ORGANIC®** is effective in **improving mood, stress management and quality of life, as well as in reducing perceived stress and worries**.

Findings are supported by a new human study Indena conducted in 2021 with a Perceived Stress Questionnaire focused on these effects, to assess subjectively experienced stress independent of a specific or objective occasion.

ENOVITA ORGANIC® is a **true sustainable ingredient** improving mood and resilience related to the perception of stress, then it **helps modulate blood pressure in a wide population**—so you can be ready to face the hard challenges of our time.

Please note this documentation is available for various countries all over the world and hence it may contain statements or product classification not applicable to your country. The claims made are in reference to ingredients only, hence they do not refer to finished products and they may not comply with Regulation EC n. 1924/2006. The marketer of any finished product containing any ingredient is responsible for assuring that the destination of the product and the claims made for the finished product are lawful and comply with all applicable laws and regulations of the country or countries in which the product is to be sold.

indena.com

