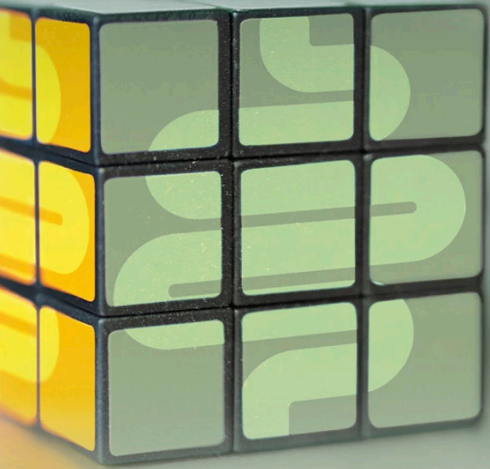


KEY HELP TO SOLVE ABDOMINAL BLOATING
AND ENJOY A BETTER LIFE



 **indena**[®]
INDUSTRIA
DERIVATI
NATURALI

HEALTH - FOOD

CUBO[™]

CURCUMIN PHYTOSOME[®] + BOSWELLIA PHYTOSOME[®]



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WHAT IS CUBO™?

Abdominal bloating is one of the most frequent conditions in subjects with gastrointestinal disorders such as irritable bowel syndrome (IBS).¹

Moreover, **20-30% of the general population suffers from functional gastrointestinal discomfort.**

Scientific evidence has repeatedly shown the potential **beneficial effects of curcumin and boswellia on gut health**.^{2,3} that's how the **concept behind CUBO™** was born, leveraging their combined effect for intestinal wellbeing.

CUBO™ is a specific and balanced formulation, in which *Curcuma longa* Phytosome® and *Boswellia serrata* Phytosome® are carefully blent to bring together the beneficial actions these two natural ingredients offer for gut health.

The fixed ratio of the two Phytosome® and their accurate dosage were determined with a series of specific tests, focused on finding **the right balance between minimum required dosage and maximum expected benefit.**

SCIENTIFIC EVIDENCE

A double-blind randomized human study has recently shown a **significant control in bloating intensity, abdominal discomfort and gut dysbiosis** after 30 days of CUBO™ supplementation.⁴

RECOMMENDED USE AND DOSE

CUBO™ is a yellow to orange powder and may be utilized in a variety of supplement formulations.

Recommended dose: 380 mg twice a day

TRADEMARKS

CUBO™ is a trademark of Indena S.p.A. and its logo and usage guidelines are available from Indena.

References

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WHAT MAKES CUBO™ UNIQUE?

Curcumin Phytosome® and Boswellia Phytosome® make **CUBO™ the right formula for intestinal health.**

This innovative combination - made possible by Phytosome® technology^{2,8,9} - opens up a new dimension of gut health, with a beneficial effect on intestinal discomfort thanks to two botanicals that positively control gut microbiota and gut motility,⁵⁻⁷ offering relief from bloating, abdominal discomfort and cramps.⁴

In a **30 days double-blind randomized human study** on 49 subjects, compared to the group administered with only LOW-FODMAP diet, the one also taking **380 mg of CUBO™ twice a day** has shown:

- **BLOATING CONTROL**
-83% BLOATING INTENSITY SCORE
(vs. -33% in the group with LOW-FODMAP diet only)
- **ABDOMINAL DISCOMFORT CONTROL**
-80% ABDOMINAL DISCOMFORT SCORE
(vs. -37% in the group with LOW-FODMAP diet only)
- **SMALL BOWEL MICROBIOTA BALANCE**
-50% URINARY INDICAN
(vs. -5% in the group with LOW-FODMAP diet only)

Moreover, researchers also conducted a global efficacy assessment, measuring the **perception of health improvements after supplementation: 92% of the CUBO™ group was assigned higher efficacy classes (3 or 4)**, compared to only 12% of the control group.

This means that **CUBO™** - the winning duo of curcumin Phytosome® and boswellia Phytosome® - has proved significant capabilities in **improving people's gut health, with over 90% of people claiming their conditions were noticeably better.**

