

KEEP YOUR METABOLISM BALANCED,
NATURALLY.

 **indena®**
INDUSTRIA
DERIVATI
NATURALI

NUTRACEUTICAL

BERBEVIS®

B E R B E R I N E I N D E N A P H Y T O S O M E™


BERBERINE • PHYTOSOME

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WHAT IS BERBEVIS®?

BERBEVIS® is a next-generation berberine extract derived from *Berberis aristata* root, formulated with proprietary Indena Phytosome™ technology. This advanced formulation **overcomes berberine's naturally low oral bioabsorption also optimizing its gastrointestinal tolerability.**

Berberine is a natural alkaloid used in traditional medicine and recognized in the Ayurvedic Pharmacopoeia of India. **Scientifically, it is known to positively influence metabolic parameters such as glucose and lipid profiles, supporting overall metabolic health and hormonal balance**—particularly beneficial for skin health and women with PCOS.

BERBEVIS® is designed to **support blood glucose and lipid metabolism, healthy weight management and body composition, while contributing to skin health across different life stages.**

SPECIFICATIONS

BERBEVIS® is standardized to contain: 28-34% of **berberine** by HPLC

RECOMMENDED USE AND DOSE

BERBEVIS® is a yellow powder for use in a variety of supplement formulations. Recommended dose: 550 mg once or twice a day.

TRADEMARKS

BERBEVIS® is a trademark of Indena S.p.A. and its logo and usage guidelines are available from Indena.

*on molar basis and with observed dose linearity

**PolyCystic Ovary Syndrome

References

¹ Petrangolini G. *et al.*, Evid Based Complement Alternat Med. Nov 27;2021:7563889 [2021].

² Rondanelli M. *et al.*, Eur Rev Med Pharmacol Sci. Jul;27(14):6718-6727 [2023].

³ Cesarone MR. *et al.*, Minerva Gastroenterol (Torino). 70(1):10-15 [2024].

⁴ Rondanelli M. *et al.*, Nutrients. 13 [2021].

⁵ Cesarone MR. *et al.*, Austin J Cardiovasc Dis Atherosclerosis 11(2):1045 [2024].

⁶ Di Pierro F. *et al.*, Front Pharmacol. 21;14:1269605 [2023].

WHAT MAKES BERBEVIS® UNIQUE?

BERBEVIS® sports a **triple advantage** combining advanced delivery, comprehensive clinical validation, and proven safety:

- Optimized bioabsorption - the **Indena Phytosome™** technology incorporates pea proteins and grape seed extract for a powerful antioxidant action, improving both berberine's solubility and long-term tolerability protecting the intestinal lining. This results in significantly optimized absorption and dose linearity;¹
- Pleiotropic and multitarget action - berberine operates addressing both underlying causes (such as chronic low-grade inflammation, oxidative stress, and gut dysbiosis) and visible outcomes (such as an optimized insulin resistance and hormone balance). It is known to **modulate numerous cellular targets including AMPK, mitochondria and enzymes involved in glucose and lipid metabolism;**

Validated by a combination of in vitro, and human studies, **BERBEVIS®** has demonstrated efficacy in:

- Supporting **healthy insulin response and glucose metabolism;**²
- Modulating **blood lipid profile;**³
- Favoring healthy **body composition and anthropometric parameters;**^{2,3}
- Promoting **hormonal balance and healthier skin, particularly in women with polycystic ovary syndrome (PCOS);**^{4,5}
- Keeping an excellent safety profile - clinical study has shown that **BERBEVIS® does not negatively interact with common medications, making it safe for extended use and suitable for people under long-term therapies.**⁶

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