

ANTIOXIDANT ACTIVITY, WEIGHT MANAGEMENT



 **indena®**
INDUSTRIA
DERIVATI
NATURALI

NUTRACEUTICAL

GREENSELECT[®] INDENA PHYTOSOME[™]

GREEN TEA EXTRACT


GREEN SELECT
PHYTOSOME

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WHAT IS GREENSELECT® INDENA PHYTOSOME™?

GREENSELECT® INDENA PHYTOSOME™ is a **proprietary, caffeine free, catechin extract from green tea** formulated with proprietary Indena Phytosome™ technology.

Traditionally, **green tea consumption has been linked to lower body fat due to its specific enhancing effect on energy expenditure and caloric consumption.** This derives from increased thermogenesis, which is the production of body heat from fat oxidation.

GREENSELECT® INDENA PHYTOSOME™ strengthens the concept of the metabolic-boosting and antioxidant powers derived from green tea, as **supported by 3 independent human studies.** In association with a healthy diet, it shows its **beneficial effects on lipid tissue oxidation and weight management.**

SPECIFICATIONS

GREENSELECT® INDENA PHYTOSOME™ is double standardized in polyphenols and epigallocatechin 3-O-gallate (EGCG):

- ≥19% to ≤25% polyphenols
- ≥13% EGCG
- ≤0.1% of caffeine

RECOMMENDED USE AND DOSE

GREENSELECT® INDENA PHYTOSOME™ is a light brown powder for use in nutritional supplements.

Recommended dose: **2 x 150 mg/day**

TRADEMARKS

GREENSELECT® INDENA PHYTOSOME™ is a trademark of Indena S.p.A. and its logo and usage guidelines are available from Indena.

WHAT MAKES GREENSELECT® INDENA PHYTOSOME™ UNIQUE?

Thanks to its original formulation, **GREENSELECT® INDENA PHYTOSOME™** can hit the target much more efficiently than common food supplements. In fact, studies pointed out an **optimized oral bioabsorption of epigallocatechin 3-O-gallate (EGCG) due to Indena Phytosome™ delivery system compared to unformulated green tea extract.**¹

And there's more: **GREENSELECT® INDENA PHYTOSOME™** comes with a **double standardization in EGCG and tea catechins**, besides to a proven antioxidant capacity in human.¹

GREENSELECT® INDENA PHYTOSOME™ is clinically validated as a support for a healthy weight management and an optimal metabolic profile.^{2,3}

Moreover, further **clinical evidence has demonstrated its effect on metabolism improvement and weight management in post-menopausal women**, for whom metabolic variations represent a risk factor for lipid accumulation and related diseases.⁴

All this evidence qualifies **GREENSELECT® INDENA PHYTOSOME™** to be an **optimal companion ingredient for people who may need support during different stages and situations of their life**, such as: borderline for bodyweight and metabolic profile, experiencing physiological conditions like menopause, or **undergoing chronic treatments like GLP-1 products.**

References

¹ Pietta P. et al., Biochem.Mol. Biol. Intl. 46: 895-903 [1998].

² Belcaro et al., Evid Based Complement Alternat Med. Volume 2013:869061 [2013].

³ Di Piero F. et al., Alternative Medicine Review, Volume 14, Number 2 [2009].

⁴ Rondanelli M. et al. Nutrients. 14(24):5209 [2022].

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