### COGNITIVE HEALTH



## VIRTIVA® PLUS GINKGO BILOBA EXTRACT



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#### WHAT IS VIRTIVA® PLUS?

VIRTIVA® PLUS is a *Ginkgo biloba* -phosphatidylserine association exploiting the synergy between these two nootropic agents.

Extracts of *Gingko biloba*, the world's oldest living tree, have long been used in China as a traditional medicine for various health conditions, among those extensive literature reports the use to optimize mental functions in younger and older adults, in long-term administration.

Ginkgo biloba extract have been

traditionally used to optimize mental functions in younger and older adults, in long-term administration. .

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In a world going faster and faster, VIRTIVA® PLUS can be your natural support to stay focused.

#### SPECIFICATIONS

**VIRTIVA® PLUS** is an association between *G. biloba* standardized extract and lecithin containing 20% phosphatidylserine.

VIRTIVA® PLUS is standardized to contain: >5% ginkgoflavonglycosides >0.5% to <2.5% ginkgoterpenes >12% phosphatidylserine

RECOMMENDED USE AND DOSE VIRTIVA® PLUS is a light brown powder for use in nutritional supplements. Recommended dose: 480 mg/day

TRADEMARKS VIRTIVA® PLUS is a trademark of Indena S.p.A. and its logo and usage guidelines are available from Indena.

References <sup>1</sup>Kennedy D.O. et al., Hum. Psychopharmacol Clin Exp. 22:199-210 (2007). <sup>2</sup>Confidential data on file. Manuscript in preparation (2024).

#### WHAT MAKES VIRTIVA® PLUS UNIQUE?

In VIRTIVA® PLUS, the *Ginkgo biloba* standardized extract is formulated with phosphatidylserine in a **proprietary** synergistic formulation.

VIRTIVA® PLUS supports memory processes, particularly working memory and memory consolidation, and it optimizes memory speed right after a single administration.<sup>1</sup>

Recent evidences prove that VIRTIVA® PLUS leads to faster choice reaction time by allowing the individuals to respond more efficiently to sudden changes or challenges.<sup>2</sup>

VIRTIVA® PLUS has also conferm its support to verbal memory - promoting the recognition of correct hits (both delayed and immediate): key to making correct and quick decisions.<sup>2</sup>

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