

NATURAL ANTIOXIDANT, CAPILLAROTROPIC
AND MOOD OPTIMIZER



 **indena**[®]
INDUSTRIA
DERIVATI
NATURALI

NUTRACEUTICAL

ENOVITA[®]

O P C s R I C H G R A P E S E E D E X T R A C T

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Please note that the physiological activity of the ingredient described herein is supported by the referenced clinical trial reports. Marketers of finished products containing the ingredient described herein are responsible for determining whether the claims made for such products are lawful and in compliance with the laws of the country in which they will market the products.

 **enovita**[®]

WHAT IS ENOVITA®?

ENOVITA® is a **proprietary proanthocyanidin (OPCs) rich extract** made exclusively with grape seeds from white wine production. Using **only water as extraction solvent**, **ENOVITA®** is a **food grade** grape seed extract whose development has capitalized on Indena's 40 year experience in grape seed extract production.

SPECIFICATIONS

ENOVITA® is standardized to provide:

≥**95.0% of proanthocyanidins** by spectrophotometry, ≥**5.0%** catechin and epicatechin by HPLC.

RECOMMENDED USE AND DOSE

ENOVITA® is a orange-brownish powder for use in nutraceuticals and food products.

Recommended dose:
2 x 150 mg/day.

TRADEMARKS

ENOVITA® is a trademark of Indena S.p.A. and its logo and usage guidelines are available from Indena.

References

¹ Belcaro G, Ledda A, Hu S, et al., Evidence-Based Complementary and Alternative Medicine, ID 313142 (2013).

² Schön C, et al. Nutrients, 13(2):654, (2021).

³ Confidential data on file. Manuscript in preparation (2024).

WHAT MAKES ENOVITA® UNIQUE?

ENOVITA® has a relatively **low amount** (5.0-15.0%) of **flavane monomers** (catechin and epicatechin) and **high contents of oligomeric proanthocyanidins** as determined with the Folin-Ciocalteu method and a very specific gel permeation chromatography profile.

ENOVITA® is proven effective in favouring **mental and body function during the life course**.

Supported by scientific evidence, **ENOVITA®** is the **natural solution to maintain blood pressure within a normal range**, resulting in a positive leveling of both systolic and diastolic blood pressure values in people with higher cardiovascular risk **with possible beneficial effects for all risk factors associated with heart stress**.¹

Human studies showed that **ENOVITA®** is able to **modulate blood pressure also in healthy and borderline subjects**, thanks to a **positive modulation of multiple parameters related to endothelial function demonstrated in preclinical tests** (eNOS, Endothelin-1).² The same study concluded that **ENOVITA®** is also effective in **improving mood, stress management and quality of life, as well as in reducing perceived stress and worries**.²

Beneficial effects on brain health were confirmed in a recent human study, where **ENOVITA®** revealed a **statistical trend on mood modulation, related to anger item and emotional distress**.³

In addition, **ENOVITA®** was effective in **supporting working memory and in reducing errors in remembering short-term information** that can lead to major errors in everyday calculations and decision-making.³

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